

SUSPI Tygerberg Gymnasium

The Tygerberg Gymnasium is a branch of the SUSPI Gymnasium, and caters for the health and fitness needs of those students situated on the University of Stellenbosch's Tygerberg campus. The Gymnasium itself is centrally located on the ground floor of the Tygerberg Student Centre (TSC).



Service Offerings:

- Comprehensive Weight Training Area
- Two Circuits (Cardio and Super Cardio)
- Trained Instructors
- Aerobic Classes from Mondays to Thursdays in the TSC Sports Hall
- Personal Instructor also available

Tygerberg Gymnasium Hours	
Monday – Thursday	12:00 – 20:00
Friday	12:00 – 20:00
Saturday	Closed

Please note that the abovementioned times will differ on public holidays.

Contact Details:

The Gymnasium can be contacted at the following number during Gymnasium hours:
Tel: +27 (0) 21 932 2888

Membership Fees:

Membership Card	R 38
Membership – Payment by Installments	
1 Month	R 140
2 Months	R 265
3 Months	R 363
4 Months	R 470
5 Months	R 556
6 Months	R 637
7 Months	R 712
8 Months	R 783
9 Months	R 853
10 Months	R 913
11 Months	R 967
12 Months	R 1015
Membership – Sessions	
10 Sessions	R 178
20 Sessions	R 292
30 Sessions	R 400
40 Sessions	R 502
1 Day Session	R 22
NB: Sessions are not transferable to the next calendar year!	