

Overview of Facilities



The Stellenbosch University Sport Performance Institute (SUSPI) provides world-class, comprehensive offerings and services to the **sport-, fitness- and wellness industries**. These include services in [sport science](#), [sports medicine](#), [gymnasium membership](#), [event hosting](#), [sport education](#), as well as the use of numerous state-of-the-art [facilities](#) and [accommodation](#).

Summary of SUSPI's Service Offerings:

- Sport Performance Testing and Analysis
- Elite Training and Preparation
- Sports Medicine (Physicians, Physiotherapists etc.)
- Recovery and Rehabilitation
- Event Hosting and Management
- Health, Fitness and Lifestyle Programmes
- Gymnasium Membership
- Educational- and Training Programmes
- Sport Accommodation

Why Select SUSPI?

- 1) SUSPI offers a **one-stop, world-class training and support environment** that gives elite athletes the opportunity to prepare for international events.
- 2) SUSPI's comprehensive suite of offerings **meets all the requirements** of an elite athlete or team, and **can be tailored to the individual needs** of each potential client.
- 3) The fact that SUSPI is situated in Stellenbosch means that athletes find themselves in a **superb environment for both training and relaxation**.
- 4) SUSPI's **services are competitively priced**. Clients receive a **personalised experience** from SUSPI's qualified and passionate individuals.